



NOVEMBER 20 - NOVEMBER 26 MENU

INDOOR DINING / PATIO / TO-GO / DELIVERY

612-445-8822 or Order Online

BREAKFAST Served until 2:00 pm

Open-Faced Egg Sandwich 13

Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette

Cinnamon Carmel Apple French Toast 15 with Whip Cream

Classic French Toast 12 (Half Order 6)

Avocado Toast

One Slice 7 or Two Slices 11, Option to add Egg +2

Autumn Hash with Smoked Paprika Aioli, Brussels Sprouts, Sweet Potatoes, Over Easy Eggs and Red Chili Topping 16

Breakfast Biscuit Sandwich 12

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

Breakfast Sandwich 13

Ham, Eggs, and Cheddar on Honey White

Scrambled Eggs 12

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

Quinoa Breakfast Bowl 17

2 Poached Eggs, Arugula, Avocado, Fried Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

CREPES Served daily until 2:00 pm

• Cheese Crepe 10 Add-ons:

Mushrooms +1 / Onions +.50 / Ham +1.50 / with Green Salad Side

• Mixed Berry Preserve 6

WEEKEND BRUNCH SPECIALS ON BACK

BREAKFAST SIDES

Egg 2, Fischer Farms Bacon Slice 1.75, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Slice Toast 2

LUNCH & DINNER

DELI CASE Served All Day

• Egg Salad (GF/DF)

• Maple Mustard Quinoa Salad with Sunflower Seeds, Kale, & Apricots

• Tarragon Chicken Salad

• Wild Rice Salad with Sage Vinaigrette

• Potato Salad with Bacon (GF/DF)

• Small Guacamole 8 (GF/Vegan)

• Tortilla Chips 3 (DF)

• Heather's Chex Mix 11

• Granola 12

SALADS

Autumn Farro Salad 16

Farro, Roasted Squash, Arugula, Apples, Craisins, Blue Cheese, Pecans, Apple Cider Vinaigrette

Southwestern Salad 13

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

Add Grilled Steak + 7

Add Grilled Chicken +6

Crispy Buffalo Chicken Salad 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, and Blue Cheese Dressing.

Cobb Salad 16

with Mixed Greens, Bacon, Egg, Blue Cheese, Tomatoes, Onions, Avocado, & Green Goddess Dressing

House Salad 7

with Mixed Greens, Carrots, Radish, Sunflower Seeds, & Herb Vinaigrette

SANDWICHES

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50 or Truffle Fries +2

Roasted Turkey 16

Tomato, Avocado, Basil Aioli, Bibb Lettuce, on Multigrain

Blackened Salmon BLT 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2

Meatloaf Sandwich 20

Meatloaf, Arugula, Roasted Garlic Aioli, Crispy Onions, on Honey White.

Rachel 16

Turkey, 1,000 Island, Sauerkraut, Gruyere, on Rye

Reuben Sandwich 17

Corned Beef, 1,000 Island, Sauerkraut, Gruyere, on Rye

Spicy Buffalo Chicken 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

Classic BLT 16

Tomatoes, Bibb Lettuce, Fischer Farm Bacon, with Mayo on Honey White

Egg Salad

Lettuce on Honey Wheat 12

Cubano 17

Fischer Farms Roast Pork Loin, Ham, Gruyere, Pickled Onions, Pickled Jalapeno Peppers, Green Chilis, Sweet Mustard Sauce, on a French Roll

BURGERS Served Anytime

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50 or Truffle Fries +2

Dill Pickle Burger 17

Local Beef Patty, Dill Mustard Aioli, Lettuce, Dill Pickle Potato Chips, Muenster, Butter Bun

Field Burger 16

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

Vegetarian Wild Rice Burger 14

Pickled Onions, Roasted Garlic Aioli, Lettuce, Avocado, and Muenster Cheese

MAINS Served Anytime

Buddha Bowl 17

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

Teriyaki Salmon Bowl 21

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli

Chicken Paillard Pasta 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

Braised Beef Short Rib Ragu 18

with Pappardelle Pasta

SOUPS

Cup 5 / Bowl 7 / Quart 13

Three rotating soups served daily.

Please browse the online menu for today's options.

DINNER SPECIALS (AFTER 4PM)

MONDAY (11/20)

Shrimp Diavolo with Angel Hair Pasta with Spinach & Parmesan Cheese 19

TUESDAY

Steak Naan Sandwich with Oven Dried Tomatoes, Garlic Aioli, Blue Cheese, Arugula, and Caramelized Onions with choice of side 19

WEDNESDAY

Green Chili Burger with Poblano Crema, Crispy Onions, Pepper Jack Cheese, Lettuce, and Bacon with Choice of Side 18

THURSDAY - THANKSGIVING DINNER (AVAILABLE 9AM TO 3PM)

Turkey, Gravy, Mashed Potatoes, Green Beans, Cranberries, Stuffing and a Dinner Roll 30

FRIDAY

BBQ Beef Sandwich with Crispy Onions & Coleslaw and Bacon Potato Salad 18

SATURDAY

Maple Glazed Salmon with Mashed Sweet Potatoes and Roasted Brussels Sprouts with Bacon 21

SUNDAY

Gnocchi with Gorgonzola Cheese Toasted Hazelnuts, & Arugula 18

WEEKEND BRUNCH SPECIALS

Classic Eggs Benedict with Mixed Greens 16

Orange Caramel Pecan French Toast 15

BOXED LUNCHES & CATERING AVAILABLE

Call 612-445-8777 for catering!

KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR GREENS

Grilled Cheese

Cheeseburger

Mac N' Cheese

Pepperoni Pizza Rolls

Chicken Breast (Crispy or Grilled) with BBQ Sauce



Call for Daily
Dessert Special

Cookies 2

- Chocolate Chip
- Gluten Free Peanut Butter
- Flourless Chocolate Chip

Ice Cream 3.75

Today's Flavors:

Vanilla

Flavor of the Day

PASTRIES

Croissants 3.50

Chocolate or Almond Croissant 3.95

Ham and Cheese Croissant 6

Budapest Muffin 3.00

Muffin of the Day 3.00

COFFEE

Regular or Decaf, Cold Press

Latte, Cappuccino, Macchiato, Espresso, Mocha, Americano, Miel

Coffee Drink Options

Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel, Coconut, Hazelnut, Lavender, Pumpkin Pie, & Butterscotch

Milk Options: Whole, Skim, Oat, & Almond

OTHER DRINK

Iced Tea, Hot Tea, Lemonade,

Arnold Palmer, Chai Tea Latte, Matcha Tea, Coke, Diet Coke, Sprite, Mineral Water, Orange Juice, Flavored San Pellegrino

WINE & BEER

Rotating selection available when dining-in.

612-445-8822

Call ahead for pick up at our walk-up window!

5201 Chicago Ave, Minneapolis MN 55417

Order Online for Pick Up or Delivery at:

www.HeathersMpls.com

[Facebook.com/heathersmpls](https://www.facebook.com/heathersmpls)

[Instagram.com/heathers_mpls](https://www.instagram.com/heathers_mpls)