

BREAKFAST Served until 2:00 pm

Open-Faced Egg Sandwich* 13

Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette

Orange Caramel Pecan French Toast 15

Classic French Toast 12 (Half Order 6)

Avocado Toast 7

Option to add Egg +2

Brussels Sprout Hash* with Smoked Paprika Aioli, Brussels Sprouts, Sweet Potatoes, Over Easy Eggs and Red Chili Topping 16

Breakfast Biscuit Sandwich 12

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

Breakfast Sandwich 13

Ham, Eggs, and Cheddar on Honey White

Scrambled Eggs 12

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

Quinoa Breakfast Bowl 17

2 Poached Eggs, Arugula, Avocado, Fried Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

CREPES Served daily until 2:00 pm

• Cheese Crepe 10 Add-ons:

Mushrooms +1 / Onions +.50 / Ham +1.50 / with Green Salad Side

• Mixed Berry Preserve 6

WEEKEND BRUNCH SPECIALS ON BACK

BREAKFAST SIDES

Egg 2, Fischer Farms Bacon Slice 1.75, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Slice Toast 2

DELI CASE Served All Day

- Egg Salad (GF/DF)
- Curry Quinoa with Almonds
- Poppyseed Chicken Salad with Almonds
- Mediterranean Tuna Salad
- Golden Beet Salad with Hazelnuts & Goat Cheese
- Potato Salad with Bacon (GF/DF)
- Small Guacamole 8 (GF/Vegan)
 - Tortilla Chips 3 (DF)
 - Heather's Chex Mix 11

SALADS

Spring Salad 17

Mixed Greens, Candied Almonds, Peas, Snap Peas, Golden Beets, Raspberries, Local Goat Cheese, Dill, & Lemon Shallot Vinaigrette

Southwestern Salad 13

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

Crispy Buffalo Chicken Salad 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, Mixed Greens and Blue Cheese Dressing.

House Salad 7

with Mixed Greens, Carrots, Radish, Sunflower Seeds, & Herb Vinaigrette

Italian Chop Salad 17

Romaine, Chickpeas, Pepperoni, Roasted Red Peppers, Artichokes, Pepperoncini, Olives, Red Wine Vinaigrette & Pecorino Cheese

LUNCH & DINNER

SANDWICHES

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50 or Truffle Fries +2

Roasted Turkey 16

Tomato, Avocado, Basil Aioli, Bibb Lettuce, on Honey Wheat

Blackened Salmon BLT* 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2

Rachel 16

Turkey, 1,000 Island, Sauerkraut, Gruyere, on Rye

Reuben Sandwich 17

Corned Beef, 1,000 Island, Sauerkraut, Gruyere, on Rye

Spicy Buffalo Chicken 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

Classic BLT 16

Tomatoes, Bibb Lettuce, Fischer Farm Bacon, with Mayo on Honey White

Egg Salad

Lettuce on Honey Wheat 12

Cubano 17

Fischer Farms Roast Pork Loin, Ham, Gruyere, Pickled Onions, Pickled Jalapeno Peppers, Green Chilis, Sweet Mustard Sauce, on a French Roll

BURGERS Served Anytime

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50 or Truffle Fries +2

Blue Cheese Burger* 17

Local Beef Patty, Balsamic, Caramelized Onions, Sweet Honey Mustard Aioli with Lettuce, on a cottage White Bun

Field Burger* 16

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

Mushroom Quinoa Burger 17

with Pickled Onions, Red Pepper Aioli, and Muenster Cheese

MAINS Served Anytime

Buddha Bowl 17

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

Teriyaki Salmon Bowl* 21

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli (GF)

Chicken Paillard Pasta 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

SOUPS

Cup 5 / Bowl 7 / Quart 13

Three rotating soups served daily.
Please browse the online menu for today's options.

DINNER SPECIALS (AFTER 4PM)

MONDAY (5/13)

Shrimp Tostadas with Black Bean Puree, Guacamole, Corn, Queso Fresco, Pickled Onions, Pineapple Salsa, Radish, & Side 19

TUESDAY

Seasoned Roasted Quartered Chicken with Grilled Green Beans, Mashed Potatoes, & Green Goddess Sauce 18

WEDNESDAY

Green Chili Pork Stew with Cilantro Rice, Pickled Jalapenos, Radish, Habenero Sour Cream, Corn, Queso Fresco, & Tortilla Chips 19

THURSDAY

Rigatoni with Creamy Basil Pesto, Artichokes, Fennel, Peas, Leeks, Arugula, Asparagus, & Feta Cheese 16
Option to Add Protein

FRIDAY

Seared Scallops with Beet Risotto 29

SATURDAY

Blackened Salmon Quinoa Bowl with Avocado, Cilantro Lime Vinaigrette, Queso Fresco, Black Beans, & Grilled Pineapple Salsa 20

SUNDAY

Greek Chicken Burger with Feta, Fennel Slaw, Tzatziki, Cucumbers, Lettuce and Tomato 17

WEEKEND BRUNCH SPECIALS

Huevos Rancheros with Salsa Verde, Bacon Black Beans, Tortilla Chips, Seasoned Sour Cream, Guacamole, Corn, Radish, Queso Fresco & Poached Eggs 15

Blueberry Coconut Breakfast Bread Pudding 14

BOXED LUNCHES & CATERING AVAILABLE

Call 612-445-8777 for catering!

KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR GREENS

Grilled Cheese

Cheeseburger

Mac N' Cheese

Pepperoni Pizza Rolls

Chicken Breast (Crispy or Grilled)
with BBQ Sauce



Call for Daily
Dessert Special

Cookies 2

- Chocolate Chip
- Gluten Free Peanut Butter
- Flourless Chocolate Chip

Ice Cream 3.75

Today's Flavors:
Vanilla
Flavor of the Day

PASTRIES

Croissants 3.50

Chocolate or Almond Croissant 3.95

Ham and Cheese Croissant 6

Budapest Muffin 3.00

Muffin of the Day 3.00

COFFEE

Regular or Decaf, Cold Press

Latte, Cappucino, Macchiato, Espresso, Mocha,
Americano, Miel

Coffee Drink Options

Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel,
Coconut, Hazelnut, Lavender, & Butterscotch

Milk Options: Whole, Skim, Oat, & Almond

OTHER DRINK

Iced Tea, Hot Tea, Lemonade,
Arnold Palmer, Chai Tea Latte, Matcha Tea, Coke,
Diet Coke, Sprite, Mineral Water, Orange Juice,
Flavored San Pellegrino

WINE & BEER

Rotating selection available when dining-in.

612-445-8822

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