



**BREAKFAST** Served until 2:00 pm

**Open-Faced Egg Sandwich** 13  
 Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette (DF)

**Orange Caramel Pecan French Toast** 14

**Avocado Toast**

One Slice 7 or Two Slices 11, Option to add Egg +2

**Breakfast Biscuit Sandwich** 11

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

**CREPES** Served daily until 2:00 pm

• **Cheese Crepe** 10 Add-ons:

Mushrooms +1 / Onions +.50 / Ham +1.50 / with Green Salad Side

• **Strawberry Jam** 6 • **Nutella and Strawberry** 9

**Breakfast Sandwich** 11

Ham, Eggs, and Cheddar on Honey White

**Scrambled Eggs** 10

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

**Quinoa Breakfast Bowl** 17

2 Poached Eggs, Arugula, Avocado, Roasted Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

**BREAKFAST SIDES**

Egg 1.5, Fischer Farms Bacon, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Toast 2

**DELI CASE** Served All Day

- **Egg Salad** (GF/DF)
- **Tuna Salad** (GF/DF)
- **Curry Quinoa Salad** (GF/DF)
- **Tarragon Chicken Salad** (with Nuts)
- **Potato Salad with Bacon** (GF/DF)
  - **Antipasta Salad**
  - **Watermelon** (quart) 8
- **Small Guacamole** 8 (GF/Vegan)
- **Tortilla Chips** 3 (DF)
- **Heather's Chex Mix** 10
- **Granola** (quart) 12

**BURGERS** Served Anytime

*Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50*

**Hale Burger** 15

Muenster, Pickled Peppers & Onions, Tomato, Grainy Mustard Aioli, Bibb Lettuce

**Field Burger** 15

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

**Wild Rice Veggie Burger** 14

Pickled Onions, Roasted Garlic Mayo, Lettuce, Sunflower Sprouts, Avocado, and Muenster Cheese

**Turkey Burger** 14

Wild Acres Farm Turkey with Thai Peanut Sauce, Cilantro, Cabbage Slaw (DF)

**MAINS** Served Anytime

**Buddha Bowl** 16

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

**Teriyaki Salmon Bowl** 20

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli

**Chicken Paillard Pasta** 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

**Shrimp and Andouille Sausage Jambalaya** 23

Chorizo Rice, Tomato Tinga, Cilantro, Green Onion, & Black Beans

**Heirloom Tomato Pomodoro** with Angel Hair Pasta, Garlic, Olives, Artichokes, Parmesan Cheese, Basil, Olive Oil, and Buffalo Burrata 20

**Tuna Poke Bowl** 20

with Avocado, Red Peppers, Soba, Pickled Ginger, Napa, Red Onion, Sesame Seeds, Ahi Tuna, and Mango Salsa

**LUNCH & DINNER**

Served Anytime

**SALADS**

**Summer Stone Fruit Salad** with Mixed Greens, Black Berries, Mint, Pistachios, and Local Goat Cheese with a Lemon Shallot Vinaigrette 13  
 Option to add Salmon +10

**Southwestern Salad** 12

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

Add Grilled Steak + 7  
 Add Grilled Chicken +6

**Crispy Buffalo Chicken Salad** 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, and Blue Cheese Dressing.

**A LA CARTE SANDWICHES**

**Egg Salad**

with Lettuce on Honey Wheat 9 (A la Carte)

**SOUPS**

Cup 5 / Bowl 7 / Quart 12

- **Creamy Tomato Basil** (GF)
- **Creamy Corn Poblano**
- **Chicken White Bean and Kale** (GF/DF)

**SANDWICHES**

*Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50*

**Roasted Turkey** 15

Tomato, Avocado, Basil Aioli, Bibb Lettuce, on Multigrain

**Blackened Salmon BLT** 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2 (DF)

**Summer BLT** 16

Heirloom Tomatoes, Bibb Lettuce, Fischer Farm Bacon, with Basil Aioli, on Honey White

**Spicy Buffalo Chicken** 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

**Braised Pork Cubano** 16

Braised Pork Shoulder, Fischer Farms Ham, Gruyere, Pickled Onions, Pickled Jalapeno Peppers, Sweet Mustard Sauce, on a French Roll

**Fried Chicken** 13

Arugula, Caper Aioli, French Roll

**Pulled Pork Sandwich** 16

with Coleslaw

## DINNER SPECIALS (AFTER 4PM)

### MONDAY (8/1)

**Fish Tacos** with Cabbage Slaw, Grilled Pineapple Salsa and Avocado Crema on Flour Tortilla served with Tortilla Chips and Guacamole 18

### TUESDAY

**Smoked Blue Cheese Bacon Burger** with Crispy Onions and Roasted Garlic Aioli and Choice of Side 18

### WEDNESDAY

**Coconut Crusted Chicken Salad** with Marcona Almonds, Strawberries, Edamame, Green Onions, Red Peppers, & Poppy Seed Dressing 18

### THURSDAY

**Grilled Pork Chops** with Chive Mashed Potatoes, Creamy Mustard Sauce, & Summer Vegetables 23

### FRIDAY

**Grilled Salmon** with Mango Avocado Salsa, Cilantro Rice and Grilled Broccoli 21

### SATURDAY

**Vegetable Curry** with Grilled Shrimp & Jasmine Rice 20

### SUNDAY

**BBQ Ribs** with Corn on the Cob and Coleslaw and Bacon Black Beans 20

### WEEKEND BRUNCH SPECIALS

**Huevos Rancheros** with Bacon Black Beans, Corn, Queso Fresco, Raddish, Pickled Jalapenos, Seasoned Sour Cream, & Guacamole 15

**Peach Pie Pancakes** with Raspberries and Whipped Cream 15

### BOXED LUNCHES & CATERING AVAILABLE

Call Heather for details!

## KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR GREENS

Grilled Cheese  
Cheeseburger  
Mac N' Cheese  
Pepperoni Pizza Rolls

## DESSERTS

Call for Daily  
Dessert Special



**Ice Cream** 3.75  
Today's Flavors:  
Vanilla  
Chocolate

### Cookies 2

- Chocolate Chip
- Peanut Butter

### PASTRIES

**Croissants** 3.50  
**Chocolate Croissants** 3.95  
**Budapest Muffin** 3.00

### COFFEE

Regular or Decaf, Cold Press  
Latte, Cappucino, Macchiato, Espresso, Mocha,  
Americano, Miel

### Coffee Drink Options

Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel,  
Coconut, Hazelnut, & Lavender

Milk Options: Whole, Skim, Oat, & Almond

### OTHER DRINK

Iced Tea, Hot Tea, Lemonade, Arnold Palmer  
Chai Tea Latte, Matcha Tea, Coke, Diet Coke,  
Sprite, Mineral Water, Orange Juice,  
Flavored San Pellegrino

### WINE & BEER

Rotating selection available when dining-in.

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