



BREAKFAST Served until 2:00 pm

Open-Faced Egg Sandwich 13

Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette (DF)

Lemon Blueberry French Toast 14

Lemon Cream Cheese and Blueberry Sauce

Classic French Toast 12 (Half Order 6)

Avocado Toast

One Slice 7 or Two Slices 11, Option to add Egg +2

CREPES Served daily until 2:00 pm

• **Cheese Crepe 10 Add-ons:**

Mushrooms +1 / Onions +.50 / Ham +1.50 / with Green Salad Side

• **Mixed Berry Preserve 6**

Breakfast Biscuit Sandwich 12

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

Breakfast Sandwich 13

Ham, Eggs, and Cheddar on Honey White

Scrambled Eggs 12

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

Quinoa Breakfast Bowl 17

2 Poached Eggs, Arugula, Avocado, Fried Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

WEEKEND BRUNCH SPECIALS ON BACK

BREAKFAST SIDES

Egg 2, Fischer Farms Bacon Slice 1.75, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Slice Toast 2

DELI CASE Served All Day

- **Egg Salad (GF/DF)**
- **Curry Quinoa Salad**
- **Green Goddess Chicken Salad with Walnuts**
- **Potato Salad with Bacon (GF/DF)**
- **Small Guacamole 8 (GF/Vegan)**
- **Tortilla Chips 3 (DF)**
- **Heather's Chex Mix 11**
- **Granola 12**

BURGERS Served Anytime

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50 or Truffle Fries +2

Dill Pickle Burger 17

Local Beef Patty, Dill Mustard Aioli, Lettuce, Dill Pickle Potato Chips, Muenster, Butter Bun

Field Burger 15

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

Black Bean Burger 16

with Cheddar Cheese, Jicama, Avocado, Chipotle Aioli, Lettuce, & Tomato

MAINS Served Anytime

Buddha Bowl 17

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

Teriyaki Salmon Bowl 21

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli

Chicken Paillard Pasta 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

Ahi Tuna Poke Bowl 22

Avocado, Red Peppers, Soba, Pickled Ginger, Napa, Red Onion, Sesame Seeds, Ahi Tuna, and Pineapple Salsa

LUNCH & DINNER

Served Anytime

SALADS

Summer Stone Fruit Salad 16

Peaches, Local Goat Cheese, Pistachios, Fresh Mint, Blackberries, & Lemon Shallot Vinaigrette

Southwestern Salad 13

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

Add Grilled Steak + 7

Add Grilled Chicken +6

Crispy Buffalo Chicken Salad 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, and Blue Cheese Dressing.

Cobb Salad 16

with Mixed Greens, Bacon, Egg, Blue Cheese, Tomatoes, Onions, Avocado, & Green Goddess Dressing

House Salad 7

with Mixed Greens, Carrots, Radish, Sunflower Seeds, & Herb Vinaigrette

SANDWICHES

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50 or Truffle Fries +2

Roasted Turkey 16

Tomato, Avocado, Basil Aioli, Bibb Lettuce, on Multigrain

Blackened Salmon BLT 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2 (DF)

Summer BLT 17

Heirloom Tomatoes, Bibb Lettuce, Fischer Farm Bacon, with Basil Aioli, on Honey White

Spicy Buffalo Chicken 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

Egg Salad

Lettuce on Honey Wheat 12

Cubano 17

Fischer Farms Roast Pork Loin, Ham, Gruyere, Pickled Onions, Pickled Jalapeno Peppers, Green Chilis, Sweet Mustard Sauce, on a French Roll

SOUPS

Cup 5 / Bowl 7 / Quart 13

Three rotating soups served daily.

Please browse the online menu for today's options.

DINNER SPECIALS (AFTER 4PM)

MONDAY (9/18)

Parmesan Crispy Chicken Caesar Hoagie with Caper Aioli & Choice of Side 17

TUESDAY

Italian Sausage Rigatoni with Creamy Tomato Sauce, Herb Ricotta, and Garlic Bread 18

WEDNESDAY

Coconut Shrimp Rice Bowl with Cabbage Slaw, Mango Salsa, Sautéed Peppers and Onions, Avocado, Toasted Almonds, and Green Onions 19

THURSDAY

Gnocchi with Creamy Basil Pesto Sauce, Corn, Peppers, Summer Squash, & Parmesan Cheese 18

FRIDAY

BBQ Ribs with Mashed Potatoes, Coleslaw, & Farmer's Market Grilled Corn on the Cob 21

SATURDAY

Blackened Salmon with Spanish Rice, Pineapple Salsa, Chermoula Roasted Cauliflower, and Avocado Crema 21

SUNDAY

Mushroom Quinoa Burger with Muenster, Red Pepper Aioli, Arugula, Pickled Onions, & Lettuce with Choice of Side 17

WEEKEND BRUNCH SPECIALS

Chorizo Breakfast Bowl with Black Bean & Chorizo Rice, Guacamole, Queso Fresco, Poblano Crema, Over Easy Eggs, & Pico DeGallo 16

Chocolate Pancakes with Fresh Raspberries Whipped Cream, and Chopped Pistachio 14

BOXED LUNCHES & CATERING AVAILABLE

Call 612-445-8777 for catering!

KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR GREENS

Grilled Cheese

Cheeseburger

Mac N' Cheese

Pepperoni Pizza Rolls

Chicken Breast (Crispy or Grilled) with BBQ Sauce



Call for Daily
Dessert Special

Cookies 2

- Chocolate Chip
- Gluten Free Peanut Butter
- Flourless Chocolate Chip

Ice Cream 3.75

Today's Flavors:

Vanilla

Flavor of the Day

PASTRIES

Croissants 3.50

Chocolate or Almond Croissant 3.95

Ham and Cheese Croissant 6

Budapest Muffin 3.00

Muffin of the Day 3.00

COFFEE

Regular or Decaf, Cold Press

Latte, Cappuccino, Macchiato, Espresso, Mocha, Americano, Miel

Coffee Drink Options

Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel, Coconut, Hazelnut, Lavender, Pumpkin Pie, & Butterscotch

Milk Options: Whole, Skim, Oat, & Almond

OTHER DRINK

Iced Tea, Hot Tea, Lemonade,

Arnold Palmer, Chai Tea Latte, Matcha Tea, Coke, Diet Coke, Sprite, Mineral Water, Orange Juice, Flavored San Pellegrino

WINE & BEER

Rotating selection available when dining-in.

612-445-8822

Call ahead for pick up at our walk-up window!

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