Heather's

MONDAY, SEPTEMBER 26 MENU INDOOR DINING / PATIO / TO-GO / DELIVERY

612-445-8822 or Order Online

BREAKFAST Served until 2:00 pm

Open-Faced Egg Sandwich 13

Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette (DF)

Orange Caramel Pecan French Toast 14

Avocado Toast

One Slice 7 or Two Slices 11, Option to add Egg +2

Breakfast Biscuit Sandwich 12

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

CREPES Served daily until 2:00 pm

• Cheese Crepe 10 Add-ons:

Mushrooms +1 / Onions +.50 / Ham +1.50 / with Green Salad Side

• Strawberry Jam θ • Nutella and Strawberry θ

Breakfast Sandwich 12

Ham, Eggs, and Cheddar on Honey White

Scrambled Eggs 11

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

Quinoa Breakfast Bowl 17

2 Poached Eggs, Arugula, Avocado, Roasted Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

BREAKFAST SIDES

Egg 1.5, Fischer Farms Bacon, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Toast 2

LUNCH & DINNER

Served Anytime

SALADS

Fall Beet & Roasted Butternut Squash Salad 14

with Mixed Greens, Candied Almonds, Local Goat Cheese with a Lemon Shallot Vinaigrette 13

Southwestern Salad 12

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

> Add Grilled Steak + 7 Add Grilled Chicken +6

Crispy Buffalo Chicken Salad 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, and Blue Cheese Dressing.

A LA CARTE SANDWICHES

Egg Salad

with Lettuce on Honey Wheat 9 (A la Carte)

SOUPS

Cup 5 / Bowl 7 / Quart 12

- Creamy Chicken and Wild Rice
 - Creamy Tomato Basil (GF)
- Chicken White Bean and Kale (GF / DF)

SANDWICHES

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50

Wild Acres Turkey Sandwich 16

Smoked Turkey with Cucumbers, Pickled Onions, Lettuce, Tomato, Avocado and a Grainy Mustard Aioli on Honey White

Blackened Salmon BLT 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2 (DF)

Classic BLT 16

Tomatoes, Bibb Lettuce, Fischer Farm Bacon, with Basil Aioli, on Honey White

Spicy Buffalo Chicken 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

Braised Pork Cubano 16

Braised Pork Shoulder, Fischer Farms Ham, Gruyere, Pickled Onions, Pickled Jalepeno Peppers, Sweet Mustard Sauce, on a French Roll

Fried Chicken 13

Arugula, Caper Aioli, French Roll

Reuben Sandwich 16

Corned Beef, 1,000 Island, Sauerkraut, Gruyere, on Rye

DELI CASE Served All Day

- Egg Salad (GF/DF)
- Tuna Salad (GF/DF)
- Quinoa with Maple Mustard Vinagrette
 - Curry Chicken Salad
 - Potato Salad with Bacon (GF/DF)
- Wild Rice Salad with Sage Vinaigrette
 - Watermelon (quart) 8
 - Small Guacamole 8 (GF/Vegan)
 - Tortilla Chips 3 (DF)
 - Heather's Chex Mix 10
 - Granola (quart) 12

BURGERS Served Anytime

Sandwiches are served with Mixed Greens, Bacon Potato Salad, Fries, or upgrade to Tater Tots for +1.50

Hale Burger 15

Muenster, Pickled Peppers & Onions, Tomato, Grainy Mustard Aioli, Bibb Lettuce

Field Burger 15

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

Wild Rice Veggie Burger 14

Pickled Onions, Roasted Garlic Mayo, Lettuce, Avocado, and Muenster Cheese

Turkey Burger 14

Wild Acres Farm Turkey with Thai Peanut Sauce, Cilantro, Cabbage Slaw (DF)

MAINS Served Anytime

Buddha Bowl 16

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

Teriyaki Salmon Bowl 20

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli

Chicken Paillard Pasta 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

Shrimp and Andouille Sausage Jambalaya 23

Chorizo Rice, Tomato Tinga, Cilantro, Green Onion, & Black Beans

DINNER SPECIALS (AFTER 4PM)

MONDAY (9/26)

Kale and Butternut Squash Lasagna 18

TUESDAY

Seared Salmon with Beets, Fingerling Potatoes, & Dill Sauce 21

WEDNESDAY

Kale Pistachio Pesto Risotto with preserved Lemon 17 Option to add shrimp +6

THURSDAY

Thai Peanut Chicken Wrap with Cabbage Slaw, Coconut Rice, Peanuts, Quick Pickled Cucumbers, Lettuce and Cilantro with choice of side 17

FRIDAY

Beef Tenderloin Medallions with Peppercorn Sauce on Roasted Potatoes, and Broccoli 32

SATURDAY

Pecan Crusted Walleye with Smashed Potatoes, Brussels Sprouts, & Tartar Sauce 23.00

SUNDAY

Ginger Lemongrass Chicken Burger with Cabbage Slaw, Sriracha Aioli, & Hoisin Onion Jam 17

WEEKEND BRUNCH SPECIALS

Eggs Benedict, with Grainy Mustard Hollandaise, Fischer Farms Ham and side green salad 14

Bananas Foster French Toast with Toasted Walnuts 13

KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR

Grilled Cheese Cheeseburger

Mac N' Cheese

Pepperoni Pizza Rolls Chicken Breast (Crispy or Grilled)

with BBQ Sauce



Call for Daily **Dessert Special**

Ice Cream 3.75 Todav's Flavors:

Vanilla

Strawberry

Cookies 2

- Chocolate Chip
- Peanut Butter

PASTRIES

Croissants 3.50 Chocolate Croissants 3.95 **Budapest Muffin 3.00**

COFFEE

Regular or Decaf, Cold Press Latte, Cappucino, Macchiato, Espresso, Mocha, Americano, Miel, Pumpkin Spiced Latte

Coffee Drink Options

Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel, Coconut, Hazelnut, Lavender, Pumpkin Pie Milk Options: Whole, Skim, Oat, & Almond

OTHER DRINK

Iced Tea, Hot Tea, Lemonade, Arnold Palmer Chai Tea Latte, Matcha Tea, Coke, Diet Coke, Sprite, Mineral Water, Orange Juice, Flavored San Pellegrino

WINE & BEER

Rotating selection available when dining-in.

BOXED LUNCHES & CATERING AVAILABLE

Call 612-445-8777 for catering!

612-445-8822

Call ahead for pick up at our walk-up window!

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