



BREAKFAST Served until 2:00 pm

Open-Faced Egg Sandwich* 13

Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette

Classic French Toast 12 (Half Order 6)

Cinnamon Caramel Apple French Toast 16

Brussle Sprout Sweet Potato Hash

Fried Brussels Sprouts, Sweet Potatoes, Parmesan Cheese, Paprika Aioli, Over Easy Eggs, Chili Crunch 16

Avocado Toast 7

Option to add Egg +2

Breakfast Biscuit Sandwich 13

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

Breakfast Sandwich 14

Ham, Eggs, and Cheddar on Honey White

Scrambled Eggs 12

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

Quinoa Breakfast Bowl 17

2 Poached Eggs, Arugula, Avocado, Fried Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

CREPES Served daily until 2:00 pm

- **Cheese Crepe 10**

Add-ons: Mushrooms +1 / Onions +.50 / Ham +1.50 /

with Green Salad Side

- **Mixed Berry Preserve 6**

WEEKEND BRUNCH SPECIALS ON BACK

BREAKFAST SIDES

Egg 2, Fischer Farms Bacon Slice 2, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Slice Toast 2

DELI CASE Served All Day

- **Egg Salad (GF/DF)**
- **Fall Quinoa with Kale**
- **Poppy Seed Chicken Salad with Almonds**
- **Mediterranean Tuna Salad**
- **Golden Beet Salad with Hazelnuts & Goat Cheese**
- **Potato Salad with Bacon (GF/DF)**
- **Small Guacamole 8 (GF/Vegan)**
 - **Tortilla Chips 3 (DF)**
- **Heather's Chex Mix 11**
 - **Granola 12**

SALADS

Fall Harvest Salad 17

Mixed Greens, Goat Cheese, Hearts of Palm, Craisins, Squash, Golden Beets, Maple Mustard Vinaigrette, Toasted Pecans

Southwest Salad 14

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

Crispy Buffalo Chicken Salad 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, Mixed Greens and Blue Cheese Dressing.

House Salad 7

with Mixed Greens, Carrots, Radish, Sunflower Seeds, & Herb Vinaigrette

LUNCH & DINNER

SANDWICHES

Sandwiches are served with Mixed Greens, or Fries, or upgrade to Tater Tots, Bacon Potato Salad, or Truffle Fries +2

Roasted Turkey 16

Tomato, Avocado, Basil Aioli, Bibb Lettuce, on Honey Wheat

Blackened Salmon BLT* 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2

Spicy Buffalo Chicken 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

Summer BLT 17

Heirloom Tomato, Fischer Farms Bacon, Gem Lettuce, Basil Aioli on Honey White Bread

Egg Salad 13

Lettuce on Honey Wheat

Cubano 17

Fischer Farms Roast Pork Loin, Ham, Gruyere, Pickled Onions, Pickled Jalapeno Peppers, Green Chilis, Sweet Mustard Sauce, on a French Roll

SOUPS

Cup 5 / Bowl 7 / Quart 13

Three rotating soups served daily.

Check the online menu for today's options.

BURGERS Served Anytime

Sandwiches are served with Mixed Greens, Fries, or upgrade to Tater Tots, Bacon Potato Salad, or Truffle Fries +2

Blue Cheese Burger* 17

Local Beef Patty, Balsamic, Caramelized Onions, Sweet Honey Mustard Aioli with Lettuce, on a cottage White Bun

Field Burger* 16

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

Mushroom Quinoa Burger 17

Pickled Onions, Red Pepper Aioli, and Muenster Cheese

MAINS Served Anytime

Buddha Bowl 17

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

Teriyaki Salmon Bowl* 21

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli (GF)

Chicken Paillard Pasta 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

Ahi Tuna Poke* 21

Sesame Soba Noodles, Cucumbers, Mango Salsa, Pickled Ginger, Avocado, Wontons, & Napa Slaw

Heirloom Tomato Pasta Pomodoro 20

Angel Hair Pasta, Heirloom Tomato Bruschetta, Olives, Artichokes, Burrata & Parmesan Cheese

*These items are served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

GF= Gluten Free DF= Dairy Free

DINNER SPECIALS (AFTER 4PM)

MONDAY (9/30)

BBQ Beef Quesadilla

Cheddar Cheese, Peppers & Onions, Lettuce, Corn Salsa,
Seasoned Sour Cream & Guacamole 17

TUESDAY

Pappardelle Pasta with Italian Sausage

Kale, Sauteed Red Peppers & Onions, Parmesan Cheese, Red
Pepper Flakes 17

WEDNESDAY

Teriyaki Stir Fried Beef & Vegetables

Coconut Jasmine Rice with Cilantro Chutney & Cashews 19

THURSDAY

Cajun Chicken Pasta

Sauteed Peppers, Onions and Mushrooms, Pickled Jalapenos and
Queso Fresco 18

FRIDAY

Butternut Squash Risotto

Kale, Toasted Hazelnuts & Grilled Shrimp 21

SATURDAY

Roasted Pork Loin with Mashed Sweet potatoes

Roasted Bacon & Golden Raisin Brussels Sprouts & Grainy
Mustard Sauce 21

SUNDAY

Italian Chop Salad

Red Wine Vinaigrette & Pecorino Cheese Romaine, Chickpeas,
Pepperoni, Roasted Red Peppers, Artichokes, Pepperoncini, and
Olives 18

WEEKEND BRUNCH SPECIALS

Biscuits & Fischer Farms Sausage Gravy with Over Easy Eggs 14

Pumpkin Pancakes

Maple Butter and toasted pecans 15

BOXED LUNCHES & CATERING

AVAILABLE

Call 612-445-8777 for catering!

KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR
GREENS

Grilled Cheese

Cheeseburger

Mac N' Cheese

Pepperoni Pizza Rolls

Chicken Breast (Crispy or Grilled) with BBQ Sauce



Call for Daily Dessert Special

Cookies 2.50

- Chocolate Chip
- Gluten Free Peanut Butter
- Flourless Chocolate Chip

Ice Cream 3.75

Today's Flavors:

Vanilla

Flavor of the Day

PASTRIES

Croissants 3.50

Chocolate or Almond Croissant 3.95

Ham and Cheese Croissant 6

Budapest Muffin 3.50

Muffin of the Day 3.50

COFFEE

Regular or Decaf, Cold Press

Latte, Cappucino, Macchiato, Espresso, Mocha, Americano, Miel

Coffee Drink Options

Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel, Coconut, Hazelnut, Lavender, & Butterscotch

Milk Options: Whole, Skim, Oat, & Almond

OTHER DRINK

Iced Tea, Hot Tea, Lemonade,

Arnold Palmer, Chai Tea Latte, Matcha Tea, Coke, Diet Coke, Sprite, Mineral Water, Orange Juice, Flavored San Pellegrino

WINE & BEER

Rotating selection available when dining-in.

612-445-8822

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