



OCTOBER 21 - 27 MENU

INDOOR DINING / COVERED PATIO / TO-GO / DELIVERY

612-445-8822 or Order Online

BREAKFAST Served until 2:00 pm

Open-Faced Egg Sandwich* 13

Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette

Classic French Toast 12 (Half Order 6)

Cinnamon Caramel Apple French Toast 16

Brussle Sprout Sweet Potato Hash

Fried Brussels Sprouts, Sweet Potatoes, Parmesan Cheese, Paprika Aioli, Over Easy Eggs, Chili Crunch 16

Avocado Toast 7

Option to add Egg +2

Breakfast Biscuit Sandwich 13

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

Breakfast Sandwich 14

Ham, Eggs, and Cheddar on Honey White

Scrambled Eggs 12

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

Quinoa Breakfast Bowl 17

2 Poached Eggs, Arugula, Avocado, Fried Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

CREPES Served daily until 2:00 pm

- Cheese Crepe 10

Add-ons: Mushrooms +1 / Onions +.50 / Ham +1.50 /

with Green Salad Side

- Mixed Berry Preserve 6

WEEKEND BRUNCH SPECIALS ON BACK

BREAKFAST SIDES

Egg 2, Fischer Farms Bacon Slice 2, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Slice Toast 2

DELI CASE Served All Day

- Egg Salad (GF/DF)
- Fall Quinoa with Kale
- Poppy Seed Chicken Salad with Almonds
- Mediterranean Tuna Salad
- Golden Beet Salad with Hazelnuts & Goat Cheese
- Potato Salad with Bacon (GF/DF)
- Small Guacamole 8 (GF/Vegan)
 - Tortilla Chips 3 (DF)
 - Heather's Chex Mix 11
 - Granola 12

SALADS

Fall Harvest Salad 17

Mixed Greens, Goat Cheese, Hearts of Palm, Craisins, Squash, Golden Beets, Maple Mustard Vinaigrette, Toasted Pecans

Southwest Salad 14

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

Crispy Buffalo Chicken Salad 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, Mixed Greens and Blue Cheese Dressing.

House Salad 7

with Mixed Greens, Carrots, Radish, Sunflower Seeds, & Herb Vinaigrette

LUNCH & DINNER

SANDWICHES

Sandwiches are served with Mixed Greens, or Fries, or upgrade to Tater Tots, Bacon Potato Salad, or Truffle Fries +2

Roasted Turkey 16

Tomato, Avocado, Basil Aioli, Bibb Lettuce, on Honey Wheat

Blackened Salmon BLT* 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2

Spicy Buffalo Chicken 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

Braised Short Rib 17

Braised Boneless Short Rib, Honey White Bread, Cheddar Cheese, Chipotle Aioli, Arugula, and Crispy Fried Onion

Egg Salad 13

Lettuce on Honey Wheat

Cubano 17

Fischer Farms Roast Pork Loin, Ham, Gruyere, Pickled Onions, Pickled Jalapeno Peppers, Green Chilis, Sweet Mustard Sauce, on a French Roll

SOUPS

Cup 5 / Bowl 7 / Quart 13

Three rotating soups served daily.

Check the online menu for today's options.

BURGERS Served Anytime

Sandwiches are served with Mixed Greens, Fries, or upgrade to Tater Tots, Bacon Potato Salad, or Truffle Fries +2

Blue Cheese Burger* 17

Local Beef Patty, Balsamic, Caramelized Onions, Sweet Honey Mustard Aioli with Lettuce, on a cottage White Bun

Field Burger* 16

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

Mushroom Quinoa Burger 17

Pickled Onions, Red Pepper Aioli, and Muenster Cheese

MAINS Served Anytime

Buddha Bowl 17

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

Teriyaki Salmon Bowl* 21

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli (GF)

Chicken Paillard Pasta 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

Braised Beef Ragu over Pappardelle Pasta 19

Shaved Parmesan Cheese

*These items are served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

GF= Gluten Free DF= Dairy Free

DINNER SPECIALS (AFTER 4PM)

MONDAY (10/21)

Grilled Chicken Sandwich

Herbed Goat Cheese, Cherry Aioli, Arugula and Caramelized Red Onions with Choice of Side 17

TUESDAY

Coconut Shrimp Taco Bowl

Cilantro Rice, Pineapple Salsa Cabbage Slaw, Pickled Jalapenos, Queso Fresco, Honey Sriracha Crema with Avocado & Tortilla Chips 18

WEDNESDAY

Rigatoni

Italian Sausage, Spinach, Herb ricotta & Vodka Sauce 17

THURSDAY

Thai Red Curry

Butternut Squash, Pickled Red Onions, Peanuts & Jasmine Rice 16

FRIDAY

Blackened Salmon Quinoa Bowl

Black Beans, Queso Fresco, Grilled Pineapple Salsa, Sauteed Peppers & Onions, Poblano Crema, Radish & Avocado 22

SATURDAY

Braised Lamb Shank

Gremolata, Mashed Potatoes & Roasted Carrots 31

SUNDAY

Thai Peanut Chicken Burrito

Jasmine Rice Cilantro Chutney with Peppers, Cabbage & Onions 16

WEEKEND BRUNCH SPECIALS

Carnitas Benedict

Avocado, Chipotle Hollandaise and Side Greens 16

Banana French Toast

Chocolate Sauce & Whipped Cream 15

BOXED LUNCHES & CATERING

AVAILABLE

Call 612-445-8777 for catering!

KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR GREENS

Grilled Cheese

Cheeseburger

Mac N' Cheese

Pepperoni Pizza Rolls

Chicken Breast (Crispy or Grilled) with BBQ Sauce



Call for Daily Dessert Special

Cookies 2.50

- Chocolate Chip
- Gluten Free Peanut Butter
- Flourless Chocolate Chip

Ice Cream 3.75

Today's Flavors:

Vanilla

Flavor of the Day

PASTRIES

Croissants 3.50

Chocolate or Almond Croissant 3.95

Ham and Cheese Croissant 6

Budapest Muffin 3.50

Muffin of the Day 3.50

COFFEE

Regular or Decaf, Cold Press

Latte, Cappucino, Macchiato, Espresso, Mocha, Americano, Miel

Coffee Drink Options

Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel, Coconut, Hazelnut, Lavender, & Butterscotch

Milk Options: Whole, Skim, Oat, & Almond

OTHER DRINK

Iced Tea, Hot Tea, Lemonade,

Arnold Palmer, Chai Tea Latte, Matcha Tea, Coke, Diet Coke, Sprite, Mineral Water, Orange Juice, Flavored San Pellegrino

WINE & BEER

Rotating selection available when dining-in.

612-445-8822

Call ahead for pick up at our walk-up window!

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